

## LEADERSHIP SELF-REFLECTION QUIZ

5 minutes

A resource for new professionals

Learn more at www.ausimm.com/career-development

## LEADERSHIP SELF-REFLECTION QUIZ



## Tick each statement below where you answer "yes".

1. I tailor my communication style depending on the people involved.	
2. I am quick to adapt my strategies in response to new developments.	
3. When a challenge arises, I am able to stay calm.	
4. I ensure that all safety protocols are strictly followed by my team.	
5. I make decisions that align with legal and ethical standards.	
6. I embrace change as an opportunity for growth.	
7. I am comfortable delegating tasks to team members.	
8. I can identify and understand my own emotions as they occur.	
9. I provide constructive feedback to my team members regularly.	
10. I am knowledgeable about industry standards and best practices.	
11. I communicate my decisions clearly and transparently to all stakeholders.	
12. I handle stress well and remain resilient in difficult situations.	

## LEADERSHIP SELF-REFLECTION QUIZ



## Tick each statement below where you answer "yes".

13. I encourage my team to continuously learn and develop new skills.	
14. I foster a culture of honesty and integrity within my team.	
15. I am able to empathise with the emotions of my team members.	
16. I actively motivate my team to achieve their best performance.	
17. I implement innovative solutions to enhance efficiency and safety.	
18. I actively manage risks and implement strategies to mitigate them.	
19. I adhere to the company's values and ethical guidelines.	
20. I resolve conflicts within my team effectively.	
21. I continuously seek ways to improve operational processes.	
22. I hold myself accountable for the outcomes of my decisions.	
23. I regularly seek feedback to improve my performance and processes.	
24. I build strong communication channels early on to prevent misunderstandings.	
25. I recognise and celebrate achievements to motivate and reinforce positive outcomes.	



## **SCORING**

Give yourself 1 point for each question to which you answer 'yes'. Then total your score per pillar.

## Personal and Emotional Intelligence (EQ):

Question: 3, 8, 12, 15, 20

Subtotal: /5

## **Operational Excellence and Safety:**

4, 10, 18, 21, 25

Subtotal: /5

## People and Team Management:

**Questions:** 1, 7, 9, 16, 24

Subtotal: /5

## **Ethical and Transparent Decision-Making:**

5, 11, 14, 19, 22

Subtotal: /5

### **Adaptability and Continuous Improvement:**

2, 6, 13, 17, 23 Subtotal: /5

### **PILLAR RESULTS**

#### **0-1 point:**

Well done! You've identified a pillar with significant room for improvement.

#### 2-3 points:

Consider enhancing your capabilities in this pillar - there is still room to grow.

#### 4 points:

You are developing well in this pillar.
Continue to build on your skills and seek opportunities for growth.

#### 5 points:

You've mastered this pillar! Check how you've performed across the other pillars.

## RECOMMENDED RESOURCES

### **Mentorship**

Seek out mentors who can provide guidance and share their experiences.

AusIMM offers a mentorship program matching graduates and mid-career professionals with professionals with more than 10 years experience in the resources sector. <u>Learn more</u>.

### **Professional Development**

Engage in courses, conferences and workshops that focus on the areas you want to upskill.

AusIMM offers <u>conferences</u>, <u>online courses</u>, <u>conference</u> <u>proceedings</u>, webinars and interactive workshops to enhance your technical and professional skills. Discounts are available for students and new professionals.

- Strategy and Governance Short Course
- Manager as Leader and Influencer Short Course
- What Can We Learn From Female Leaders Thriving At This Time? (Start from 4.10)

### **Networking**

Build and maintain a network of professionals within the resources industry. AusIMM offers free guided <u>online</u> <u>networking</u>, <u>in-person conferences</u> and <u>New</u> <u>Professionals Network events</u> so you can connect with other professionals.

- Industry Connect Virtual Forum
- International Women's Day Series
- Thought Leadership Series

### **Explore tools and frameworks**

Lean and Six Sigma Tools offer methodologies to reduce waste and improve quality. The Kepner-Tregoe Matrix is a systematic framework for gathering, organising, and evaluating decision-making information.

Organisational psychology is an approach to solving work performance and organisational design problems with psychological principles.

### **Role-Playing Scenarios**

Participate in role-playing exercises to practice handling various leadership challenges.

### **Embrace Mistakes**

Understand that making mistakes is part of the learning process and use them as opportunities for growth.



## **UNLOCK YOUR CAREER IN RESOURCES**

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